A Tour of NACDA

Using Lyrics from “When I’m Sixty-Four” by

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When I get older...
Losing my hair...

8% of MIDUS 3 respondents aged 25-74 in the U.S. experienced hair loss
Many years from now...

Are you currently included in a pension or retirement plan, such as a 401(K), 403(A), 403(B) or 457(B) plan, offered by your current or former employer or union?

- 25.10% Missing/DK/Refused
- 36.50% No
- 38.40% Yes

Data reflects unweighted responses.

Will you still be sending me a valentine...

The NSHAP Wave 1 (National Social Life, Health, and Aging Project)

- 235 “relationship” variables
- 251 “partner” variables
- 150 “sex” variables
Birthday greetings?

Resources for Enhancing Alzheimer's Caregiver Health (REACH II), 2001-2004

Bottle of wine?

Check out the Study of Women's Health Across the Nation (SWAN) Series
If I’ve been out til quarter to 3...

Looking for data on "trouble sleeping"?

- NHIS Series data
- SALSA Series data
- NHANES Series data
- MIDUS and MIDJA data
- SHARE (Israel) data
- SATSA data
Would you lock the door?

Search the MIDUS series by variable

<table>
<thead>
<tr>
<th>Name</th>
<th>Label/Question Text</th>
<th>Type</th>
<th>Dataset</th>
</tr>
</thead>
<tbody>
<tr>
<td>A3NEICON3</td>
<td>Neighborhood Control</td>
<td>numeric</td>
<td>DS1</td>
</tr>
<tr>
<td></td>
<td>Taken from: Midlife in the United States (MIDUS): Boston Longitudinal Study (BOLOS) of Cognition in Midlife, 1995-2008.</td>
<td></td>
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</tr>
<tr>
<td>A3NEISTR3</td>
<td>Neighborhood Stress</td>
<td>numeric</td>
<td>DS1</td>
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<tr>
<td>A3NEIPRO3</td>
<td>Neighborhood: Problems</td>
<td>numeric</td>
<td>DS1</td>
</tr>
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<td>Taken from: Midlife in the United States (MIDUS): Boston Longitudinal Study (BOLOS) of Cognition in Midlife, 1995-2008.</td>
<td></td>
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</tr>
<tr>
<td>C1S16A</td>
<td>Safe alone in neighborhood daytime</td>
<td>numeric</td>
<td>DS1</td>
</tr>
<tr>
<td></td>
<td>The next few questions are about your home and the neighborhood you live in. How much do each of the following statements describe your situation? - I FEEL SAFE BEING OUT ALONE IN NEIGHBORHOOD DURING THE DAYTIME.</td>
<td></td>
<td></td>
</tr>
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<td></td>
<td>Taken from: Midlife in the United States (MIDUS 3), 2013-2014.</td>
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</table>
Will you still need me?

895 variables about “needs”

In the Chinese Longitudinal Healthy Longevity Survey (CLHLS) Series
Will you still feed me?

- 29.5% (Couple times a month)
- 29.5% (At least once a week)
- 16.7% (Once a month)
- 11.4% (A few times a year)
- 2.8% (Once a year or less)

*Unweighted data; 5% missing*
### About being over 65...

<table>
<thead>
<tr>
<th>Best things:</th>
<th>Worst things:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>#1</strong> RETIREMENT; DO NOT HAVE TO WORK</td>
<td><strong>#1</strong> HEALTH PROBS; MEDICAL CARE</td>
</tr>
<tr>
<td><strong>#2</strong> LEISURE TIME; CAN DO WHAT WANT</td>
<td><strong>#2</strong> FINANCIAL PROBS; ECONOMY; FIXED INCOME</td>
</tr>
<tr>
<td><strong>#3</strong> INCREASED WISDOM; APPRECIATION FOR LIFE</td>
<td><strong>#3</strong> LONELINESS; ISOLATION; FRIENDS DYING</td>
</tr>
</tbody>
</table>

Images of Aging in America, 1994 Study

You’ll be older, too

70 Average age men and women were considered “old”
I could be handy mending a fuse.

Mexican Americans aged 70+ years living in the Southwestern U.S.

Taken from ICPSR 36231 - Hispanic Established Populations for Epidemiologic Studies of the Elderly (EPESE) Frailty Study: 2006-2009
Fringe benefit reported in the HAALSI study = electricity

Study #36633
You could knit a sweater by the fireside

Sunday morning go for a ride

Sacramento Area Latino Study on Aging (SALSA Study), 1996-2008 (ICPSR 22760); 1,789 Latinos, 60 years and older

8.8% gave up driving

37% Still drive

http://southpark.cc.com/clips/154168/wrong-turn
Doing the garden, digging the weeds
Who could ask for more?
Send me a postcard, drop me a line...

@NACDA_Aging

@NACDA.aging.program

icpsr-nacda@umich.edu

Look for us on LinkedIn
Go to Twitter and respond to our poll!

@NACDA_Aging

Thank you!

Who is this woman?

A - A Peruvian librarian
B - A stock photo
C - The oldest woman in the world
D - The NACDA director’s grandmother

All data in this presentation were found using the NACDA site and reflect unweighted results.